



UPPER VALLEY TRAILS ALLIANCE



ROLLIN' & STROLLIN'

EASY HIKES FOR USERS OF ALL KINDS



ALL OF THESE TRAILS AND MORE CAN
BE FOUND ON



These trails were selected for having flat, compacted surfaces or pathways with little to no incline for users who want to enjoy the woods without a strenuous hike. Some trails accommodate wheelchairs and strollers, please read descriptions carefully.

Trescott Trails in Hanover, NH.

<https://www.trailfinder.info/trails/trail/trescott-water-supply-lands>

Vermont Institute of Science in Quechee, VT.

<https://www.trailfinder.info/trails/trail/vins-nature-center-trails>

Mascoma River Greenway in Lebanon, NH.

<https://www.trailfinder.info/trails/trail/mascoma-river-greenway>

Ottauquechee River Trail in Woodstock, VT.

<https://www.trailfinder.info/trails/trail/ottauquechee-river-trail>

Helen Woodruff Smith Bird Sanctuary in Plainfield, NH.

<https://www.trailfinder.info/trails/trail/helen-woodruff-smith-bird-sanctuary>

Eshqua Bog Natural Area in Hartland, VT.

<https://www.trailfinder.info/trails/trail/eshqua-bog-natural-area>

Mink Brook Nature Preserve in Hanover, NH.

<https://www.trailfinder.info/trails/trail/mink-brook-preserve-tanzi-tract>

Wilder Multi-Use Path in Wilder, VT.

<https://www.trailfinder.info/trails/trail/wilder-multi-use-path>

Chaffee Wildlife Sanctuary in Lyme, NH.

<https://www.trailfinder.info/trails/trail/chaffee-wildlife-sanctuary>

King Arthur Trail in Norwich, VT.

<https://www.trailfinder.info/trails/trail/king-arthur-trail>

River Trail in Hanover, NH.

<https://www.trailfinder.info/trails/trail/river-trail-hanover>

Norwich Nature Trails in Norwich, VT.

<https://www.trailfinder.info/trails/trail/norwich-nature-area-trails>