

Passport to Winter Fun Presentation

1. Introduce the Program
2. Show the video (can be found on uvtrails.org/passport)
3. Explain that each student will get their own Passport. First, they should fill out the front flap of the Passport and hand it in to their teacher (or front office).
4. Then, they can begin! Try to do an hour or more of activity each day. When they complete 10 days of activity, they can cash in an incentive prize from the green prize sheet inside the Passport.
5. **YOU CANNOT REDEEM PRIZES WITHOUT YOUR PASSPORT.** Businesses will not let students redeem a prize if they don't bring a passport. **DON'T LOSE IT!** Keep it somewhere safe - your refrigerator, your dresser drawer, a journal etc.
6. Then, they should continue in their Passports. When they reach 20 days and 30 days, they can pick another prize from the green sheet.
7. If they make it all the way to day 30, they are a Polar Bear Achiever and can enter to win a **GRAND PRIZE** by turning in their back flap.
8. UVTA has no way of knowing if they completed the program if we do not receive their back flap, we cannot give them any prizes!

Common Questions:

- If I do more than one hour of activity, can I fill in two boxes? *No, each box corresponds to one day. It is great if you do more than one hour of activity, but it still counts as one box.*
- Does Playstation count? *In general, no. We want you to be moving your body and engaging multiple muscle groups.*
- Do I have to do 1 hr at one time, or can I split it up? *You can split it up!*
- Do I get to pick one of the Grand Prizes? *No, this is a raffle! All the names of Polar Bear Achievers will go into a bucket and we will randomly choose the Grand Prize winners.*
- When does the program end? *March 27th. All back flaps must be in on March 27th and mailed back to UVTA so that we can order the Polar Bear Achiever prizes.*
- How do we get one of the prizes on day 10, 20, and 30? *Bring your passport filled in to one of the prize locations and they will stamp it and give you your prize!*