The Spirit in Nature Path

0.6 Miles
Moderate

This walk winds through the woods behind the Unitarian Universalist Church on Route 5. It is not overly difficult and departs from the church’s backyard. Maps and a guestbook are available seasonally at the trailhead, and there are several places to sit and rest along the trail. Inspirational quotes from literature and multiple faiths hang along the trail and the many different plant species are labeled with wooden markers. The trail first crosses a long wheelchair accessible boardwalk and then climbs up for a bit. The trail is very narrow and the bugs can be numerous at times. Also, keep an eye out for poison ivy. Enjoy the walk and the inspiration that nature can give!

NOTE – The map for this trail is oriented with North to the right.

Directions: Travel south on Route 5 from Norwich past the Subaru dealership and King Arthur Flour. The church is on the right hand side of the road across from Fogg’s Hardware Store.

Parking: The parking area is on the right hand side of the road, directly in front of the church.

Uses: This loop is open to foot travel only.

Ownership/Maintenance: The Spirit in Nature Path is owned, conserved, and maintained by the Unitarian Universalist Congregation of the Upper Valley.